

REWARDS FOR WELLNESS

Earn \$100 co-share credit!*

Understanding Blood Pressure Podcast!

**Listen to the Podcast
between March 2 and
March 27, 2015**



To access the Podcast go to:

www.wellness.ri.gov

**Complete the questionnaire and either mail or fax by
March 27, 2015. You will receive your credit incentive in
the paychecks you receive on May 8th & May 22nd.**

**If you do not have access to a computer, please contact your
Human Resource Department for assistance.**

***All State of Rhode Island employees are eligible to participate in Rewards for Wellness programs and screenings, but only employees who are paying the State employee health co-shares that are posted at www.employeebenefits.ri.gov are eligible to receive incentives for co-share credit.**

